

# CANADIAN ORIENTEERING *festival*



featuring

**Canadian Orienteering Championships**

and

**North American Orienteering Championships**

## **COC Middle Notes**

**v. 2024-07-26**



**Toronto Orienteering Club**  
outdoor·active·urban

### Organizing Clubs



### Supporting Organizations



**Saturday, August 3**

**COC Middle  
Afternoon Social**

**Mansfield**

**Schedule and Timing**

Date	Saturday, August 3
Registration / Information Desk	9:30 to 16:00
Quarantine Entry	10:00 to 11:00
Start Window	11:00 to 13:30
Maximum Time on Course; Courses Closing	2 hours; 15:30
Afternoon Social	16:00 to 18:00

**Locations**

Coordinates	<a href="#">44.203900, -80.037059</a>
Map Location	Mansfield Outdoor Centre
Parking Location	Mansfield Outdoor Centre
Parking to Arena	100 m
Arena to Start	700 m

**Additional Activities**

Awards Ceremony	tbc
Afternoon Social (see details in Special Activities section of bulletin)	16:00 to 18:00

**Course Information**

Course	Technical Difficulty	Championship Classes	Non-Competitive Classes	Course Length (km)	Climb (m)	Number of Controls	Map Scale
1	1	F10-, M10-	Open1	1.8	55	10	1:7,500
2	2	F12-, M12-	Open2	1.9	50	10	1:7,500
3	3	F14-, M14-	Open3, F16-S, M16-S	1.7	55	9	1:10,000
4	3	F16-, M16-	Open4	2.5	110	11	1:10,000
5	4	F75+, F80+, F85+, F90+, M80+, M85+, M90+	Open5	1.9	70	10	1:7,500
6	5	F55+, F65+, M75+	Open6, M20-S, F20-S	2.6	115	11	1:7,500
7	5	F45+, M65+	Open7	2.6	135	11	1:7,500
8	5	F35+, M55+		3.0	160	15	1:10,000
9	5	F18-, M45+	F21S	3.3	180	15	1:10,000
10	5	F20-, F21, M18-, M35+	M21S	3.9	215	14	1:10,000
11	5	M20-, M21		4.7	255	16	1:10,000

**Additional Race Information**

The contour interval for the map is 5 metres.

The quarantine area is enroute from the arena to the start, approximately 600m from the arena, along a level trail. Follow signs to the start, stopping at the quarantine. All competitors in M21 and F21 classes will be required to sign in at quarantine by 11:00. The quarantine area will open at 10:30. From the quarantine area you will be permitted to sign

out approximately 20 minutes prior to your race start time. From there you will walk approximately 100 metres on a forest trail to the start.

For details on what is and is not permitted in quarantine, please see the Quarantine section earlier in this bulletin.

Please be aware that Mansfield and Dufferin Forest are popular for hikers, mountain bikers and equestrian riders and you may encounter them, especially on the Sunday Long. Please be courteous to others and use common sense and respect. Be especially careful around horses and *pass with great caution*. Horse riders will be primarily on main, wide trails on Sunday. Riders will be concentrated in an open field that will be marked Out of Bounds.

There will be a clothing drop at the start of the COC Middle. Please limit the clothing you leave at the start as it all needs to be carried back to the arena by volunteers. Note that any clothing left at the start will not necessarily be at the finish by the time you finish your race. Be sure to have additional clothing at the arena for post-race. All clothing left at the finish will get to the arena by the end of the race.

### **Additional Activities**

**Food:** Mansfield Outdoor Centre has a wonderful country restaurant and will have on hand a variety of attractive foods for orienteers after their races, including grilled chicken, hamburgers, veggie burgers, sweets, cold drinks, and beer. Please support our local hosts with your food purchases!

**Afternoon Social:** The Ontario Orienteering Association is pleased to invite registrants to a social after the Saturday COC Middle, right at the arena at Mansfield Outdoor Centre! Enjoy mingling with fellow orienteers from around the world as you sample some only-in-Canada snacks! We'll meet at the open area adjacent to the Main Building. Just follow the Canadian flags! Bring your own beverages, OOA will supply the salty and sweet!

**Mansfield Cabins and Camping:** If you are arriving on Saturday, the check-in window is 14:00 to 16:00, in the Main Lodge. If you are checking out on Saturday, you must check out by 14:00. If you are in a cabin, be sure to drop your key off at the check-in desk.

**O-Store:** The O-Store will be set up in the Mansfield Arena throughout the race.

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